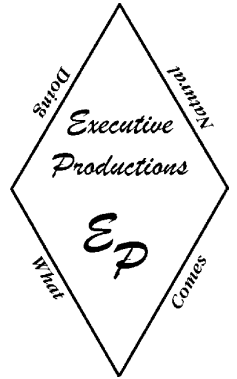




NATURAL FLINT CHAMPIONSHIPS

LOCATION: University of Michigan Theater
303 East Kearsley Street, Flint, MI



DATE: Saturday, March 15, 2008

ENTRY FEE: \$60.00 (Must be post marked by March 6, 2008)

LATE ENTRY FEE: \$80.00

ELEGIBILITY: Open to any Physique Competitor that have not at any time in the 60 months preceeding this event engaged in the personal use of Anabolic steroids or other growth oriented drugs in any form or manner whatsoever.

DIVISIONS: Novice One Men, Novice One Women, Novice One Figure, Teenage Men, Open Women, Open Men, Open Figure, Master Men, Master Women, Master Figure

INFORMATION: All competitors competing in the novice one class must not have ever competed in a bodybuilding or figure show in the past. **All competitors will be divided by height based on the number of competitors. All music must be on either cassette or CD.**

INFORMATION FOR FIGURE: All figure competitors are required to wear a two-piece suit. There will be two rounds in the figure, one symmetry round and one stage performance round by music of the competitors choice.

E.P.F.N.B. CARD: All competitors must be a member in good standing with Executive Productions and must have an Executive Productions Card to compete in this competition. Membership cards will be sold at the contest site for \$35.00. Applications can be found by logging on to epfnb.org

SPECIAL INFORMATION

DRUG TESTING: Drug testing will take place Saturday, March 15, 2008 - between 9:00 a.m. and 10:00 a.m. at U of M Theatre.

COMPETITORS MEETINGS: 11:00 a.m. and 6:00 p.m.

SHOW TIME: 12:00 p.m. Prejudging, 7:00 p.m. Evening Show

CONTACT INFORMATION: Dave Cammon or Fritz Cheek at 810-232-9622 or 810-287-6271 or dgcammon@earthlink.net

HOTEL: Contact the Holiday Inn Express at 810-238-7744

**Make all checks or money orders payable to the Flint YMCA Weightlifting Club.
Mail to Dave Cammon, YMCA of Greater Flint, 411 East Third St., Flint, MI 48503.**

- NATURAL FLINT OPEN AND NOVICE ENTRY FORM -

Please enter me in the Novice One Men____ Novice One Women____ Novice One Figure____ Teenage Men____
Open Women____ Open Men____ Open Figure____ Master Men 50 & over____ Master Women 50 & over____
Master Figure 50 & over____ Date of Birth:_____

Name_____ Address_____

City_____ State_____ Zip_____ Phone (_____)_____ Age_____

I train at_____ I go to school at_____

I work at_____ as a_____

Hobbies_____ Height_____ Weight_____

Past Titles: 1._____ 2._____ 3._____

★ PEOPLE I WOULD LIKE TO THANK ★

1. I would like to thank_____ For_____

2. I would like to thank_____ For_____

3. I would like to thank_____ For_____

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, assume all responsibility for injuries I may incur as a direct or indirect result of my participation in this event and waive and release any and all rights and claims for losses and damages I may have against Executive Productions, U of M Theater, , participating sponsors, their directors, employees and/or agents for any and all injuries suffered by me in this event. I further attest that I am physically fit and have trained sufficiently for this event and have not at any time during the preceding eighty-four (84) calendar months engaged in the personal use of anabolic steroids or other growth oriented drugs in any form or manner whatsoever. I further agree to abide by all decisions of the contest director and declare that all of the information contained herein is, to the best of my knowledge, true, correct, and complete, and I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or other record of this event for any purpose whatsoever.

Contestant's Signature

Date

Parent or Guardian - If under 18

- This Entry Form May Be Duplicated -

E-Mail Address: _____