

**DREAM BODIES NATURAL
Bodybuilding & Figure Championships
&**

BENCH REP-OUT

Drug Tested event

Saturday Oct 30, 2010

Place: Maumee Indoor Theatre

601 Conant St. Maumee, Ohio (Toledo suburb)

Entry fee: \$60.00

Cross over: \$20.00

Late fee: \$20.00

Bench Rep-out \$25.00

MUST BE POSTMARKED BY Oct 16, 2010

Novice- Women- Men, Masters-Women -Men, Open Women -Men, Figure.

***SANCTIONED BY THE EXECUTIVE PRODUCTIONS for NUTURAL BODYBUILDING ***

DRUG TESTING: URINALYSIS and/or POLYGRAPH WILL BE DONE BETWEEN 8:00AM- 9:45AM DAY OF THE SHOW. **NO EXCEPTIONS!**

ELIGIBILITY: Open to all athletes who have not in any time during the last 84 months preceding this event engaged in the personal use of anabolic steroids or other growth and or definition enhancing drugs whatsoever. All contestants must have a valid EPNB card and may obtain one the day of the show for \$40.00.

POSING ATTIRE, Posing outfits must be solid color, non-reflective, emblem free and in good taste. No other objects may be worn onstage during prejudging. Female contestants should wear two piece bikini style suits with matching ties jewelry, hair ornaments, sparkles, beads or any other distractions are not permitted

USE OF OILS, CREAMS AND SPRAYS. **Use of oils and creams are allowed only in pump-up area!
Use anywhere else in this theatre will exclude you from the Competition!**

FIGURE: You are required to have a two piece suit and high heels. Suits may be enhanced with sequins, sparkles, rhinestones, etc... Additional jewelry may be worn (necklace, earrings, bracelets, etc.) The style of suit, heels and accessories should compliment the physique and not distract from it.

COMPETITION: All classes will be divided by height and at the discretion of the promoter. Music c.d.'s are required for your posing music.

AWARDS: 1st -5th will receive statues; Best Abs awards will be given.
NO ONE WILL LEAVE EMPTY HANDED!!!!!!!

CHECK-IN: 8:00-9:30am

COMPETITORS MEETING Promptly @ 9:45am pending drug testing

PREJUDGING: Start promptly @ 11:30 (BE READY)
EVENING

CHECK-IN: 4:00pm return to theatre-- **Finals start promptly at 5:00pm**

BENCH MEET Check in 4:00 pm. Participants will bench their weight for reps. Statues will be given for 1st -5th place.

The event will be during intermission of the bodybuilding contest and awards will be given immediately after the rep out.

TICKETS: Prejudging -\$10.00 Finals-\$20.00 Advance tickets-\$25.00 both shows

Send all checks or m/o to: Ryan Rollison, 1240 W. Sylvania Ave. Toledo, Ohio 43612.
Any questions you may contact Ryan @ 419-476-3494 or Mydreambodies@aol.com.
www.mydreambodies.com.

DREAM BODIES NATURAL ENTRY FORM

____ Novice 1 ____ Masters(50+) ____ Open ____ Figure ____ Masters Figure (>35)
____ Men ____ Men ____ Men
____ Women ____ Women ____ Women ____ Bench Rep-Out ____ Weight

Name _____ Address _____

City _____ State _____ Zip _____ Phone(____) _____ Age ____ Hgt _____

I train @ _____

My hobbies are _____

Past titles _____

E-MAIL _____

In consideration of accepting this entry, I, the undersigned intending to be legally bound, hereby, for myself, my heirs, executors, administrators, assume all responsibility for injuries I may incur as a direct or indirect result in my participation in this event and waive and release any and all rights and claims for losses and damages I may have against the EPNB, the EPNB Ohio Chapter, Maumee Indoor Theatre, sponsors, directors, employees, and/or agents for any and all injuries suffered by me in this event. I attest that I am physically fit and have trained sufficiently for this event and have not engaged in the use of any anabolic steroids or other banned substance by the EPNB in the last 84 months in any manner whatsoever. I further agree to abide by all decisions of the contest director and attest that all the information contained herein is to the best of my knowledge, true correct and complete. I also give full permission to any and all foregoing use of photographs, videotapes, recordings, or other record of this event.

Signature

Date